

Brief CV



Saju Joseph (Ph.D.).

Currently working as, Center Head, Biomechanics department, Institut Sukan Negara (National Institute of Sports), Malaysia for the last 10 years.

Prior to this – has worked in Sports Authority of India for 17 years as sports scientist.

Has worked with various national teams and national level sports persons both in Malaysia and in India. Currently working with various national level sportspersons both able bodied and disabled athletes in analysing and improving their performance and also minimize the cause of injuries.

Area of Interest & Specialization

Sports biomechanics, Conditioning, Field Hockey, Cricket, Swimming, Running gait analysis.

Published more than 30 research papers in various local and international journals.

Co-author of book titled “Planning in sports.”