

Short CV (Dr Lim Boon Hooi)

Dr. Lim obtained his first degree, masters degree and doctoral degree in Sport Science, majoring in Sport Coaching and Psychology. He was appointed as Deputy Chair of National Coaching Academy, Malaysia and panel of instructor for the National Coaching Courses. He was the Deputy Director-Academic of Sports Centre, University of Malaya (2011-2015) and Acting Director of Sports Centre (2015-2016). He was the Team Psychologist of Malaysian Sailing Team in SEA Games 2005 and DOHA ASIAN GAMES 2006. He is an expert of Sports Psychology Intervention mainly focusing on anxiety in sports and relaxation techniques. Currently he is a member of various associations in Malaysia like Malaysian Sport Psychology Association (MASPA), and contributed numbers of articles in academic journals.