

Brief CV

Saju Joseph (Ph.D).

He is a biomechanist, currently working in Biomechanics department, Institut Sukan Negara (National Institute of Sports), Malaysia for the past 12 years. Prior to this he had worked in Sports Authority of India for 17 years as a leading sports scientist.

He has worked with various national teams and national level sports persons both in Malaysia and in India. His contribution has enabled many athletes in Malaysia/India, with both able bodied and disabled athletes to perform well in International competitions. He also does clinical biomechanics and enables athletes to improvise their techniques and also to minimize the cause of injuries.

Area of Interest & Specialization

He is also a qualified Hockey coach and does Sports biomechanics, Conditioning, Cricket, Swimming, Running gait analysis.

He has published more than 40 research papers in various local and international journals.
Co-author of book titled "Planning in sports."