

# Heiko van Vliet

**HVV Consulting Sarl**

**Chemin du Paqueret 3**

**1464 Chavannes le Chêne**

**Switzerland**

**Mobile +41 79 212 11 80**

[hvvconsulting@bluewin.ch](mailto:hvvconsulting@bluewin.ch)



---

## International NMES Expert

### Réhabilitation, coaching, consulting medical et sportif

Abridged background description on request of “2nd Asean Sport Medicine Conference 2018“

#### Professional Qualifications

- Federal Expert Universities Switzerland Gymnastics
- National Coach Olympic Gymnastics Netherlands
- Physical Education Teacher, Bachelor Sport
- International judge Olympic Gymnastics, FIG
- Complex Training and Rehabilitation specialist in Sport and Sport Medicine
- Professor in Functionally Anatomy, University of Lausanne
- Professor on the EHL, functional anatomy
- Teacher in Gymnastics in University Sports, University of Lausanne

#### Professional Affiliations

- Member of the National Dutch Olympic Gymnastics Team
- National title Olympic Gymnastics KNCGV Holland 1976-1977
- NMES consultant University Hospital Innsbruck.

<b>Education</b>	University of Sports	HALO	The Hague Holland
	Marketing, "NIMA"		The Hague Holland
	International Trainings License	Dutch National Sport and Trainings Centre	Papendal, Holland
	National and International Judge Olympic Gymnastics	National and International Gymnastics Federation	Holland and Germany
	Physiology, Anatomy and paramedical courses	Update Formation	Lausanne, Zurich, Loughborough, Dijon.

**Professional experience:**

<b>Service Date</b>	<b>Domains of competence</b>	<b>Professional Services</b>
1988- 1990	Gymnastics	Dutch National Coach of Olympic Gymnastics Men's Team
2001 2008	Snowboard	Universiade Coach, Suisse Team Snowboard
2004- 2012	Swimming	Complex Coach of Alexander Popov for Sydney Olympics 2004
	Swimming	National swimming team Hong Kong
	Triathlon	Training programs for Triathlon
	Football, Netherlands	Feyenoord Rotterdam, Ajax, Amsterdam AZ, Alkmaar
	Football, International	Real Madrid /FC Barcelona Panatinaikos, Greece FC Porto, Portugal Schalke 04, Allemagne Hanover, Allemagne (April 2006) Chelsea, TottenhamHotspurs, Manchester National sélection, Emirats, Dubäi et Abu Dhabi
	Rugby	Rugby All Saints, Northampton, Leicester Tigers, UK English Rugby
	Rugby	Wasps, UK (European Champion) Rehab Dan Carter (All Blacks, NZ)

	Rowing	British Sport Association (Physiotherapy treatments and Commonwealth Games advisor), Bishop Abby (UK)
	Sports & Rehabilitation Consultations:	<ol style="list-style-type: none"> <li>1. Ice Hockey teams (Stockholm)</li> <li>2. Football rehabilitation</li> <li>3. Norway National Skating Team, Ski Academy</li> <li>4. Romania National Gymnastics team</li> <li>5. Marlene Ottey, Athletics</li> <li>6. Croatian Ski selection</li> <li>7. Dan Carter, All Blacks, New Zealand</li> <li>8. Yanina Wickmayer WTA, (B)</li> <li>9. Claudia Pechstein, Olympic Gold skating</li> <li>10. FC Barcelona</li> <li>11. FC Real Madrid</li> <li>12. FC Porto</li> </ol>
	Strength and conditioning	British Association for Strength and Conditioning INSEPP, France
	Specialist Electro stimulation, training and rehabilitation	<p>Olympic Biathlon selection Germany. Conference, "Child in Motion", Croatia. Lecturer Asist, International Academy of Sports Science and Technology, University Lausanne. Lecturer IMD, Lausanne Physiotherapy congress 2008, Athens Olympic Medical congress Monaco 2011/2012/2014 Rehabilitation SAXO BANK Prof cycling team Alberto Contador and others QUICK STEP Prof Cycling team</p>
2014	Olympics 2012 London	Preparation of: Ana Chicherova RUS (Gold High Jump) Sabine Spitz DE (Silver Mountain Bike) Fabian Cancelara
	Winter Olympics Sochi	Member of Russian Fed. Med staff IOC medical seminar, lecturer

2016		<p>Member of English Institute of Sports expert Medical staff Rio 2016 Consultant for Chinese Olympics 2016</p> <p>Reha and physical preparation: Tennis Timea Bacsinszky 10 WTA Diving Jessica Favre, 10 European 2015 Ski cross Fanny Smith, WM 2014</p> <p>Etc etc</p>
2017	Winter Olympics Korea	<p>Janina Flock AT, World Cup winner 2015, Vize-Weltmeisterin, 2-fache Europameisterin Sceleton</p>

**And many others.**

Heiko van Vliet 05.01.2018

CONFIDENTIAL