

**Professor Rabindarjeet Singh, PhD, FNSM
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Rabindarjeet Singh received his Doctorate (PhD) in Physiology from King's College, London in 1981; subsequently was trained as a post-doctoral fellow at the same Institute until his appointment as a lecturer at Universiti Sains Malaysia (USM) in 1982. In the year 2000, he became the first Professor in Sports Science in Malaysia. Professor Rabindarjeet Singh, is currently with the Faculty of Medicine at AIMST University, Kedah, Malaysia after serving 33 years at Universiti Sains Malaysia. Prof. Rabindar is a Fellow of the Nutrition Society of Malaysia. His research interests include: the effect of heat and nutritional intervention/supplementation on fluid balance and exercise performance; the relationship between physical activity and healthy aging, the interaction of physical activity and wellness including the effects of Ramadan on performance. Prof. Rabindar's research presentations had won awards at both local and international conferences. He has delivered over 150 invited/keynotes lectures at international and local conferences.