

TRISH DONOGHUE

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LEADING WITH INSPIRATION

Resourceful leadership professional with extensive experience working in Sports Medicine, Sports Administration, and First Responder First Aid provision spanning over 15 years coupled with over a decade of experience in education as a lecturer for a range of courses within Sports Medicine Australia (SMA). Working closely with the Chief Medical Officer Australian Rugby Union, I am leading the development of a train the trainer program for SMA.

I thrive on maximising the abilities of those around me, unashamedly creating teams of critical and logical thinkers who learn to challenge themselves daily and achieve far beyond what they have before.

CORE COMPETENCIES

- Leadership
- Training and Development
- Stakeholder Engagement
- Educational Material Creation
- Organisational Learning
- Commercial Strategy Development
- First Response Care
- Risk Management
- Change Management

SKILLS AND ATTRIBUTES

- **Displays courage in the provision of advice and decision making:** Strategic decision-making skills to obtain information and identify key issues and relationships relevant to achieving a long-range goal or vision and committing to a course of action for achieving the goal/vision.
- **Applies sound corporate governance:** Strategic leadership to create and achieve goals through influence on organisational values, individual and group goals, reinforcement, and systems
- **Finance:** Experience in managing budgets and academic programmes (research and teaching)
- **Builds organisational capability:** Proven ability to effectively manage employee performance through mentoring and coaching with monitoring to accomplish work objectives
- **Leads strategically with vision:** Ability to create a collegiate atmosphere and willingness to take account of diverse views, while accepting responsibility for decisions; Ability to set and communicate clear vision and expectations for departmental and individual performance
- **Superior communication skills:** to enable effective and appropriate interaction at all levels within the organisation and with external stakeholders from staff through to government officials, and the media
- **Inspires individual and team commitment in the pursuit of results:** Significant interpersonal and influencing experience to build strong and collaborative relationships with internal senior level staff, peers and team members and with external partners and suppliers
- **Commits to personal development:** Commitment to nurturing talent, recognising contributions and providing opportunities for professional development.

QUALIFICATIONS AND PROFESSIONAL DEVELOPMENT

Qualifications

Certificate IV in Assessment and Workplace Training	Provide First Aid
Certificate IV in Marketing	Provide Advanced First Aid
Certificate III in Sports and Recreation	Provide Advanced Resuscitation
Provide Initial Management of Sports Injuries	Implement Sports Injury Prevention
Deal with Medical Conditions within Sporting Setting	Support Sports Injury Management
Tape Ankle, Thumb and Finger	Sports Trainer Level I

**World Rugby Educator Level 1 Train the Trainer
Train the Trainer Immediate Assistance Necksafe**

**Sports Trainer Level II
Paramedics Australasia Masterclass and Simulation Challenge**

PROFESSIONAL EXPERIENCE

Manager ACT/TAS | Sports Medicine Australia

Feb 2004 – current

Sports Medicine Australia (SMA) is a peak national multi-disciplinary member organisation that provides leadership in the areas of sports medicine, and the healthy performance and participation of Australians in physical activity and sport. SMA is widely acknowledged internationally as a leading multi-disciplinary sports medicine body. The safe participation of Australians in sport and healthy physical activity to prevent obesity and lifestyle diseases associated with inactivity is the primary concern for all involved with SMA. SMA has offices located in ACT, NSW, QLD, NT, WA, and VIC. With 37 staff that swells to 200+ during major sporting events requiring qualified sports trainers, such as the Australian University Games, Pan-Pacific Games and the Masters Games.

Responsible for the delivery of SMA services within ACT and Tasmania which include, safer sport courses, first aid coverage, and professional members' symposiums and seminars. This role works closely with the ACT and Tasmania Governments and State Sporting Organisations. I initially started with SMA as the Finance Manager and First Aid Coverage Coordinator.

Other roles include, team member of the national education and training team to review, write and validate SMA training material. Other projects include update of national Indigenous training package and providing support for the update of SMA concussion statement for sporting organisations in partnership with the New South Wales State Department of Sport and Recreation.

Establishment of partnership with National Sporting organisation as outlined above, and facilitated discussions with Australian Football Federation. Trish led the standardisation of training and education for SMA across all States. During this time, Trish provided advice and support to SMA CEO to managed and supported SMA human resources. She led, mentored and monitored SMA state delivery to assist the standardisation of States during the amalgamation and integration into the SMA Federation.

- **Key achievements which allowed an overall growth of 900% (50K to 450k annually) in revenue were:**
 - *The establishment of a formal partnership with the AIS for joint initiatives and joint symposiums;*
 - *Partnerships with major Universities, sports and community organisations within ACT to be their preferred training provider;*
 - *Establishment of ACT Sport Medicine Research Awards to support emerging research;*
 - *Management of a professional first aid coverage service to sporting organisations;*
 - *Growth of the professional members;*
 - *Partnership with Alcohol Education and Rehabilitation Foundation to deliver an Alcohol Awareness Program; and*
 - *Partnership with KidsSafe Australia, and Paramedics Australasia to collaborate on a range of projects.*
- **Review/Moderation and addition to scope of learning materials,** lead the design, creation and subsequent moderation and industry validation of subsequent educational materials.
- **Compliance:** RTO Auditory and governance compliance.
- Partnership with Fukuyama Heisei University in Japan since 2007, which saw the signing of an academic and educational exchange agreement in 2013.
- Partnerships with Alliance Sports Pte Ltd, Singapore in 2011 to deliver a range of SMA safer sport courses.
- Growth of the Sports Medicine Organisation in ACT by 900% in revenue.
- Establishment of national relationships with major sporting organisations such as World Rugby Union and National Rugby League.
- Successfully led SMA through a National training and education audit.
- Establishment of SMA National community education and training advisory body which draws together a diverse group of sports medicine professionals to oversee the quality assurance of SMA training and education.
- Management of the integration of the Sports Medicine ACT office into the Australian Sports Medicine Federation, trading as Sports Medicine Australia (SMA).
- Establishment of a formal partnership with Australian Institute of Sport (AIS) to hold joint symposium and share resources.

Sports Trainer Sports Medicine Australia and Elite Netball Umpire

Jan 2002 – Feb 2004

Worked as a Sports Trainer with SMA at local and State sporting events. Elite Netball umpire for Netball ACT and Australia, umpiring at local and State Games, along with National umpire for the Australia team at the AIS training games.

Netball Tasmania – Tasmania Netball League Manager

Jan 2001 – Jan 2002

Responsible for the financial and administration of Netball Tasmania. Administration of the State League Senior Netball Competition, and support to Netball Tasmanian CEO.