

## **PROF. DR. JOLLY ROY**

**SESSION: SYMPOSIUM 3 (DAY 2: 1120 – 1145)**

**TOPIC: PSYCHOLOGICAL EFFECTS OF COVID-19 &  
SPORTS PERFORMANCE**



MA (psy), MSW(Psychiatry), PhD

Prof. Jolly Roy currently works at Department of Arthroscopy & Sports Medicine, Centre for Sports Science , Sri Ramachandra Institute of Higher Education and Research, Porur ,Chennai, India. Previously she was working as a Professor at Manav Rachna International Institute of Research and Studies, Faridabad, Delhi NCR. Prof. Jolly was also the senior psychologist and previously the Head of Sport Psychology center at the National Sports Institute of Malaysia. Prof. Roy had served as a lecturer in Sport psychology at 'University Sains Malaysia'. Prior to this, Prof. Roy worked as a sport psychologist at Sports Authority of India, lecturing in the coaching courses and providing consultations to the elite athletes. After receiving PhD from Bangalore University, Prof. Roy had advanced training in performance related emotion dynamics from the Research Institute for Olympic Sports in Finland. Prof. Roy was awarded the 'Young scholar development award' at the 10th world congress of sport psychology in Greece. Prof. Roy is also the recipient of 'Fellow of 2008' awarded by the Sport Psychology Association of India, in December 2009. Prof. Roy has served two terms as the secretary/ treasurer in the Managing council of the International Association of Applied Psychology-sport psychology division. She was also elected as the Asian Representative of the IAAP-sport psychology division. Prof. Roy's contribution to research includes, book chapters, research articles and presentations Prof. Jolly does research in Applied Sport Psychology and Emotion in sports. Their most recent publication is 'A New Approach in Evaluating Athletes' Pre-Performance Mental States in an Applied Context'.