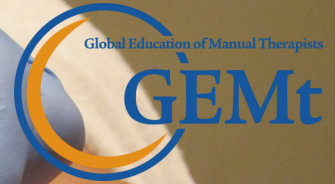




**MALAYSIAN ASSOCIATION
OF SPORTS MEDICINE**



MASM SYMPOSIUM: DRY NEEDLING IN SPORTS MEDICINE



■ **WHEN**
25th August 2018 (Saturday)
6.00 pm - 9.00 pm



***CPD Point will be
awarded**

■ **WHERE**
National Sports Institute (*Institut Sukan Negara*), Bukit Jalil, KL
Waze GPS: <https://waze.com/ul/hw2833vs4f>

■ **FEE**
MASM Member & ISN Staff: Free
Non-Member: RM 50

Membership application: [http://malaysiansportsmed.org/dwnlds/
MASM_Membership_Application_Form.pdf](http://malaysiansportsmed.org/dwnlds/MASM_Membership_Application_Form.pdf)

■ **REGISTRATION**
<http://bit.ly/dryneedling2018>

■ **CONTACT**
 012-3755661 (Dr. Alston)
 secretary@malaysiansportsmed.org



PROGRAM

6.00 PM	Registration
6.15 PM	Opening Remark - President MASM
6.30 PM	Dry Needling in Sports Medicine - Mr. Robert De Nardis
7.10 PM	Dinner
7.40 PM	Myofascial Pain - A/P Dr. Abdul Halim Mokhtar
8.20 PM	Demonstration of Dry Needling - Mr. Robert De Nardis
8.50 PM	Q & A
9.00 PM	End

Dry needling is a treatment modality that involved insertion of fine filament needle into the skin and muscle to treat myofascial trigger point pain.

The aim of the symposium is to introduce the concept of myofascial pain and the practice of dry needling in treating sports-related injuries.

The symposium is targeted to all doctors, physiotherapists, chiropractors and other allied health professionals that are interested to gain a better understanding and possibly to adopt this modality in their daily clinical practice in treating sports and musculoskeletal injuries.

SPEAKERS

MR. ROBERT DE NARDIS



***Physiotherapist &
Dry needling
Instructor***

- ◆ Currently practicing in Melbourne
- ◆ Director of GEMt Australia
- ◆ Received certification of dry needling from The Institute for the Study and Treatment of Pain (iSTOP) in Vancouver, British Columbia
- ◆ Director of Sandringham Sports Physio, and Melbourne Whiplash Centre
- ◆ Recognized expert in sports rehabilitation

ASSOC. PROF. DR. ABDUL HALIM MOKHTAR



***Consultant Sports
Physician &
Associate Professor***

- ◆ Current president of MASM
- ◆ Associate professor of Sports Medicine in Faculty of Medicine, University of Malaya
- ◆ Visiting consultant sports physician of National Sports Institute of Malaysia
- ◆ Medical committee of Football Association of Malaysia & Badminton World Federation
- ◆ Panel of Medical and Doping Officers of Asian Football Confederation