

ZOLL



MALAYSIAN ASSOCIATION OF
SPORTS MEDICINE (MASM)



LEMBAGA SUKAN
NEGERI SABAH

BASIC LIFE SUPPORT COURSE

Date : 29th June 2019 (Saturday)

Time: 8.00 am - 6.00 pm

Venue : Bilik Mesyuarat Utama, Lembaga Sukan Negeri Sabah

PROGRAM

8.00 am – 8.45 am	Registration
8.45 am – 9.15 am	Pre-course test
9.15 am – 9.45 am	Introduction of BLS/ CPR
9.45 am – 10.15 am	Applied anatomy & physiology
10.15 am – 10.30 am	Tea/ Coffee Break
10.30 am – 11.00 am	Theory & Demo of adult CPR
11.00 am – 12.00 pm	Practical session of adult CPR
12.00 pm – 12.20 pm	Q & A
12.20 pm – 12.45 pm	Opening ceremony by Honorable Mr. Phoong Jin Zhe, Youth & Sports Minister of Sabah
12.45 pm – 2.00 pm	Lunch
2.00 pm – 2.30 pm	Theory & Demo of children CPR
2.30 pm – 3.30 pm	Practical session of children CPR
3.30 pm – 4.00 pm	Theory & Demo of AED
4.00 pm – 4.15 pm	Tea/ Coffee Break
4.15 pm – 4.30 am	Post-course test
4.30 pm – 5.00 pm	Practical test
5.00 pm – 5.30 pm	Summary & Feedback
5.30 pm – 6.00 pm	Certificate presentation & Closing

INSTRUCTORS

Dr. Chan Kin Yuen - Consultant Orthopaedic Sports Medicine Surgeon, Gleneagles Hospital KL

Dr. Malini Karupiah - Sports Physician, Hospital Serdang, Selangor

Dr. Redzal Abu Hanifah - Sports Physician, Hospital Queen Elizabeth, Kota Kinabalu

Dr. Yau May Yann - Sports Physician, Hospital Queen Elizabeth II, Kota Kinabalu