

# REHABILITATION & SPORTS PHYSIOTHERAPY MASTERCLASS

Rehabilitation techniques for sports  
medicine and athletic training

Goals and modalities for rehabilitative care



MALAYSIAN ASSOCIATION OF  
SPORTS MEDICINE (MASM)



## LUÍS RIBEIRO, PT

Mr. Ribeiro has 12 years of experiences working with top athletes. He works with Olympic Athletes of sports such as Athletics, Judo, Tennis, Table Tennis, Canoeing and Rowing, Futsal and Handball. In his practice, he combines the *latest scientific evidence with his experience and clinical effectiveness* which gives him a solid basis of knowledge.

Author and co-author of studies and teaching materials for students of Physiotherapy course at Superior School of Health and Technology of Lisbon, Portugal. Presented at many national and international conferences (International Conference on Sports Rehabilitation and Traumatology in London, Annual Conference on Innovative Methods in Physiotherapy in Moscow, Congress of the Portuguese Society of Sports Medicine in Lisbon and many others). He is currently the Coordinating Physiotherapist of the Multi-sport Medical Department of Sporting Clube de Portugal.



5<sup>TH</sup> AND 6<sup>TH</sup> OF JULY  
KUALA LUMPUR



ROYALE CHULAN  
MUTIARA DAMANSARA

# PROGRAM

## 5<sup>TH</sup> OF JULY 2019 New technologies introduction - HIFEM, radiofrequency

2:30 pm – 3:00 pm	Registration
3:00 pm – 4:00 pm	Basis of injury rehabilitation and achieving the goals of rehabilitation
4:00 pm – 5:00 pm	Rehabilitation techniques for sports injuries powered by energy conversion modalities (mechanical, photothermic, electrical, thermal)
5:00 pm – 5:20 pm	Tea break
5:20 pm – 7:00 pm	Practice with HIFEM and radiofrequency - clinical cases discussion
7:00 pm – 8:00 pm	Dinner

## 6<sup>TH</sup> OF JULY 2019 Advanced application training - Shockwave, Laser

9:00 am – 10:00 am	Shockwave - how to set up therapy parameters based on latest studies
10:00 am – 11:00 am	Laser - How to set up therapy parameters based on latest studies
11:00 am – 11:20 am	Tea break
11:20 am – 1:00 pm	Practice with shockwave - clinical cases discussion
1:00 pm – 2:00 pm	Lunch
2:00 pm – 4:00 pm	Practice with laser - clinical cases discussion
4:00 pm – 4:20 pm	Tea break
4:20 pm – 6:00 pm	Practice with combined therapy - clinical cases discussion

## LIMITED SEATS!

Full name \_\_\_\_\_  
Title \_\_\_\_\_  
Clinic/hospital \_\_\_\_\_  
Email \_\_\_\_\_  
Mobile number \_\_\_\_\_

I want to join the event at:

- New technologies introduction - HIFEM, radiofrequency on Friday 5th July
- Advanced application training - Shockwave, Laser on Saturday 6th July
- Both days

### WhatsApp your registration:

to **019 368 1160** (Mages)  
or email to [jane@btlmalaysia.com.my](mailto:jane@btlmalaysia.com.my)

Sponsored by



5<sup>TH</sup> AND 6<sup>TH</sup> OF JULY  
KUALA LUMPUR



ROYALE CHULAN  
MUTIARA DAMANSARA