

The Shoulder Webinar

The shoulder can be either too tight, too loose or impinging

In this series of shoulder webinar, a panel of international and multidisciplinary speakers from the USA, UK, and Malaysia will share their experience to help clinicians develop clinically relevant diagnosis, and patient-centered treatment and rehabilitation protocol.

Series 3 - IMPINGEMENT

The high degree of shoulder mobility comes from a combination of systematic movement of the glenohumeral joint, scapula and various muscle groups. Any uncoordinated movements of these structures may lead to shoulder impingement, one of the most common causes of shoulder pain. Symptomatic relief is the key to allow patient to be compliant to exercise prescription.

Modern sports medicine emphasis on a holistic kinetic chain approach. Part 3 of the shoulder webinar will discuss with practical demonstration on the combination of different interventions for muscle re-education as well as pain management, addressing patient's alignment, strength and stability together on new neurophysical training platform.

Date:

26 June, 2021, Sat

Time:

3:00 – 5:00pm (KL Time)



Scan QR Code
to Register

MMA-CPD
Points will be
awarded



Dr. Redzal Abu Hanifah | MBBS (UM), MSpMed (UM)

Dr. Redzal Abu Hanifah is currently the Consultant Sports Physician and Head of Sports Medicine Unit in Queen Elizabeth Hospital, Sabah, Malaysia. His clinical interest includes rehabilitation exercise after arthroscopy surgery and musculoskeletal medicine. He has published a few research papers and case reports in peer-reviewed journals

Topic: Shoulder Impingement: Current Updates In Shoulder Pain



Cliff Eaton | MSc, BSc (Hons), MCSP

Cliff Eaton has spent his career working in professional sport at an elite level. He has published in internationally recognised Journals on Sport Specific Rehabilitation. Cliff believes in three core skills advocated by the Chartered Society of Physiotherapists: Manual Therapy, Exercise Therapy and Electrotherapy, combined to provide the best care management for patient.

Topic: Shoulder Impingement - Re-educating Muscles up the Kinetic Chain with Moto Control



Kevin E. Wilk | DPT, PT, FAPTA

Kevin is currently Associate Clinical Director for Champion Sports Medicine in Birmingham, AL. In addition, he is the Director of Rehabilitative Research at the American Sports Medicine Institute in Birmingham and is Adjunct Assistant Professor in the Physical Therapy Program at Marquette University in Milwaukee, WI. Kevin is also the Rehabilitation Consultant for the Tampa Bay Rays' Baseball Team.

Topic: Shoulder Rehabilitation for Professional Athlete