

A Joint Collaboration with



Malaysia Association of Sports
Medicine (MASM)



Ankle Injury Management Workshop

16th October 2022 (Sunday)
Armada Hotel, Petaling Jaya
9.00am - 4.00 p.m.

MMA-CPD points & Certificate of Participation will be awarded

Join us for this interactive seminar! Open to all surgeons, sports physicians, clinical master trainees, GPs, MOs, physiotherapists, chiropractors, osteopaths or any health-care providers.

Program

Time	Program
9.00 – 9.30 a.m.	Registration
9.30 – 9.40 a.m.	Opening Speech
9.40 – 10.00 a.m.	Bony injuries of the Foot and Ankle <i>Dr. Chua Yeok Pin (Sunway Medical Centre)</i>
10.00 – 10.20 a.m.	Soft tissue injuries of the Foot and Ankle <i>Dr. Low Tze Choong (Kuala Lumpur Sports Medicine Centre)</i>
10.20 – 10.30 a.m.	Q&A Session
10.30 – 10.50 a.m.	Coffee Break
10.50 - 11.20 a.m.	The Cause and Prevention of Ankle Injuries <i>Prof. Jim Richards (UCLAN, UK)</i>
11.20 – 11.40 a.m.	Current Practice in Ankle Rehabilitation <i>Ms. Genevieve Chan (Kuala Lumpur Sports Medicine Centre)</i>
11.40 – 12.00 p.m.	Postoperative Ankle Rehabilitation & Criteria for Return to Play <i>Dr. Alston Choong (University Malaya Medical Centre)</i>
12.00 – 12.30 p.m.	Latest Development in Treatment of Ankle Injuries <i>Prof. Jim Richards (UCLAN, UK)</i>
12.30 – 12.45 p.m.	Q&A Session
12.45 – 2.00 p.m.	Lunch
2.00 – 3.30 p.m.	Ankle Injury Rehabilitation Workshop – Focusing on Neuromuscular Training & RTS
3.30 – 3.45 p.m.	Closing Remarks
3.45 - 4.00 p.m.	Photo session

Registration Fee: RM50.00

Seats are limited. Registration is based on first-come, first-served basis.

Any enquiries, kindly contact Jany (012-3393168)/ Dilly (017-611 0116) or email to sales@wellchem.com

Please scan or tap the QR code for registration or register at bit.ly/ankle2022



Jointly Organised by:

