

# SFNG Neuromuscular Reset Instructor Certification Workshop

## Prof. Dr. Andy Hsu, PhD, FAAPM, FAAN

Dr. Andy Hsu, an Australian-born Chinese and a legendary figure in pain and neuroscience, is a Professor of Neurology at Sun Yat-Sen University. As a distinguished Fellow of the American Academy of Pain Medicine (FAAPM) and the American Academy of Neurology (FAAN), he brings over two decades of transformative experience in chronic pain management and neurorehabilitation. His innovative approaches have redefined patient care and inspired countless healthcare professionals worldwide. His captivating keynote speeches at prestigious global conferences have cemented his status as a pioneering leader in his field.



Limited  
Seats  
Left!



## MODERATOR

Dr. Alston Choong

- Consultant Sports, Exercise & MSK Med Physician, UM Specialist Centre, Kuala Lumpur.
- Senior Lecturer, University of Malaya

26 & 27 Sept 2024,  
Thursday & Friday



9.00 AM - 5.00 PM



IHM College  
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Register now at  
[bit.ly/neuroreset2024](https://bit.ly/neuroreset2024)  
or scan QR code.



SCAN ME

Join Dr. Andy Hsu in Malaysia for his inaugural Neuromuscular Reset Instructor Certification Workshop, where you'll master innovative, safe, and effective pain relief techniques that seamlessly blend simplicity with science. The main objective of this workshop is to educate more healthcare professionals about this groundbreaking approach to chronic pain management, empowering you with the skills to transform patient care.



To make this knowledge accessible, the workshop fee, originally AUD 2,480, will not be converted to RM 7,240 but will be charged at **RM 2,480 only**. This ensures exceptional value for money, allowing more practitioners to learn these life-changing techniques. Don't miss this rare opportunity to learn from one of the world's leading experts, revolutionize your approach to pain management, elevate your practice, and make a lasting impact on your patients' lives.



**LEARNING OBJECTIVES:**

1. Participants will understand neuromuscular reset techniques and learn how to effectively apply these methods to manage chronic pain in diverse patient populations.
2. Participants will develop the skills to master self-applied pain relief techniques that blend simplicity with scientific principles, empowering them to manage their own well-being and enhance patient care.
3. Approaches: Participants will learn to critically evaluate traditional and innovative pain management approaches, identifying the strengths and limitations of each and integrating the most effective strategies into their practice.
4. Participants will acquire the tools to educate and empower patients, guiding them toward long-lasting relief and improved quality of life through the application of neuromuscular reset techniques.

**CERTIFICATION AND RECOGNITION:**

At the end of the workshop, participants will be guided on how to qualify to become a certified SFNG Neurostat Instructor. Only those who fulfil the certification requirements will be granted the SFNG Neurostat Instructor title, while others will receive a certificate of participation along with the 16 CPD points awarded by the Malaysia Medical Association/ MyCPD for medical and healthcare professionals, recognizing their commitment to continuing professional development in the field of pain management.



**26 SEPT 2024, THURSDAY  
DAY 1 COURSE CONTENT**

**MUSCULOSKELETAL PAIN**

**08:30**

**REGISTRATION**

**09:00 - 09:45**

**HISTORY OF PAIN &  
PAIN NEUROSCIENCE**

**09:45 - 12:00**

**HEAD, TINNITUS &  
CERVICAL-RELATED PAIN**

**12:00 - 13:00**

**LUNCH BREAK**

**13:00 - 15:00**

**SHOULDER, CHEST & BACK**

**15:00 - 16:00**

**ARM, ELBOW, WRIST &  
TENDON SHEATH**

**16:00 - 17:00**

**LUMBAR, PELVIS,  
SCIATICA & HIP**

**17:00**

**END OF DAY 1**

**27 SEPT 2024, FRIDAY  
DAY 2 COURSE CONTENT**

**MUSCULOSKELETAL PAIN AND  
NON-MUSCULOSKELETAL PAIN**

**08:30**

**REGISTRATION**

**09:00 - 11:00**

**KNEE, LEG, ANKLE & FOOT**

**11:00 - 13:00**

**MIGRAINE, STOMACH ACHE,  
MENSTRUAL &  
PELVIC FLOOR PAIN**

**13:00 - 14:00**

**LUNCH BREAK**

**14:00 - 14:30**

**INTRODUCTION TO NEURORESET  
INSTRUCTOR CERTIFICATE**

**14:30 - 15:00**

**SELF-STUDY &  
EXAM PREPARATION**

**15:00 - 18:00**

**NEURORESET INSTRUCTOR  
CERTIFICATION EXAM**

**18:00**

**END OF COURSE!**