

# MALAYSIAN SPORTS MEDICINE SYMPOSIUM 2025



Supported By:



## THEME

**SPORTS MEDICINE IN THE MODERN ERA:  
ENHANCING PERFORMANCE, PREVENTING  
INJURIES, AND PROMOTING HEALTH**



**19  
APRIL  
2025**



**UNIVERSITI  
MALAYA**

**EARLY BIRD: RM120.00**

**NORMAL PRICE: RM150.00**

**MASM MEMBERS: RM50.00**

**STUDENTS: RM50.00**

**BEFORE  
15TH MARCH 2025**

**REGISTRATION**

**FOR ENQUIRY**



[secretariat.msms2025@gmail.com](mailto:secretariat.msms2025@gmail.com)

[www.malaysiansportsmed.com](http://www.malaysiansportsmed.com)

MalaysianSportsMed   

**CPD Points  
Available**



# MALAYSIAN SPORTS MEDICINE SYMPOSIUM 2025

19TH APRIL 2025

0800 - 0830

REGISTRATION

0830 - 0850

**NUTRITION AND RECOVERY**  
(ASSOC. PROF. DR. MAHENDRAN APPUKUTTY)

0850 - 0910

**PREVENTION OF SUDDEN CARDIAC DEATH IN SPORTS:  
ROLE OF SPORTS PHYSICIAN**  
(ASSOC. PROF. DR. MOHAMAD SHARIFF A HAMID)

0910 - 0930

**SARCOPENIA: THE SILENT ENEMY TO HEALTHY AGING**  
(DR. ARVIN RAJ GOONASEGARAN)

0930 - 0950

**HYALURONIC ACID INJECTION: CURRENT EVIDENCE**  
(DR. SAMIAH ABDUL KARIM)

0950 - 1010

**PREVENTING PAIN—THE ROLE OF LOAD MANAGEMENT**  
(ASSOC. PROF. DR. RAJA MOHAMMED FIRHAD RAJA AZIDIN)

1010 - 1030

**PRESIDENTIAL LECTURE:  
THE EVOLUTION OF SPORTS MEDICINE IN MALAYSIA: THE  
PAST, THE PRESENT & LOOKING INTO THE FUTURE**  
(DR ARSHAD PUJI)

1030 - 1100

BREAKFAST

1100 - 1200

**CLOSING CEREMONY**  
**YB DATUK SERI DR. HAJI DZULKEFLY BIN AHMAD**  
**MINISTER OF HEALTH**

1200 - 1300

LUNCH TALK

1300 - 1430

**LUNCH**  
**MASM RAYA OPEN HOUSE**

1430 - 1700

MASM ANNUAL GENERAL MEETING