

# CURRICULUM VITAE



## **DR. MUHAMMAD RAHMANI JAFFAR** M.D ( GadjahMada), MSportsMed (Malaya)

### **Address :**

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### **PERSONAL BACKGROUND**

- Identity card number : 810615-14-5295
- Citizen : Malaysia
- Age : 36 y.o
- Date of Birth : 15 Jun 1981
- Place of Birth : Kuala Lumpur
- Sex : Male
- Marital status : Married
- Religion : Islam
- Race : Malay

### **ACADEMIC QUALIFICATIONS**

- 2017 : National Specialist Register – Specialist in Sports Medicine
- 2016 : Credentialed Clinical Specialist in Sports Medicine, UM Medical Centre
- 2015 : Master of Sports Medicine (University of Malaya)
- 2012 : Credentialed Medical Officer in Sports Medicine, UM Medical Centre
- 2008 : Full Registration with Malaysian Medical Council No. 45263/Valid APC
- 2006 : Medical Degree (*M. D*), Gadjah Mada University, Yogyakarta, Indonesia
- 2000 : Matriculation Centre, University of Science Malaysia, Pulau Pinang

### **LANGUAGE**

- Malaysia : Excellent in oral and writing
- English : Excellent in oral and writing
- Arabic : Good in oral and writing

### **WORKING EXPERIENCES**

- November 2015 – Present : Clinical Specialist in Sports & Exercise Medicine, UMMC
- June 2011 – 2015 : Post-graduate Medical Officer(pursuing Master of Sports Medicine)  
Sports Medicine Clinic, University Malaya Medical Centre
- Dec. 2008 - May 2011 : Medical Officer  
Health Clinic, Malaysian Prison Department, Machang, Kelantan

## CURRICULUM VITAE

- Jan 2007 - Nov 2008 : Medical Officer UD41, University of Science Malaysia Hospital, Kubang Kerian, Kelantan  
(Medicine, Surgery, O & G, Anaes, Ortho, Paeds)

### ***SPORTS & EXERCISE MEDICINE CLINICAL EXPERIENCES***

#### **LOCAL & UNIVERSITY GAMES**

- February 2014 : Team Doctor for University of Malaya  
Malaysian Handball League 2014  
Sports Centre Kangar Perlis, Gong Badak Kuala Terengganu
- February 2014 : Contingent Doctor  
Malaysian Higher Education Games (SUKIPT) 2014  
University Malaya Kuala Lumpur
- February 2016 : Contingent Doctor  
Malaysian Higher Education Games (SUKIPT 2016)  
University of Technology Malaysia (UTM), Johor Bahru
- December 2016 : Chief Medical Officer  
Urban Intensity Run 2016, University of Malaya, KL
- November 2017 : Sports Physician  
2017 Putrajaya Night Marathon

#### **INTERNATIONAL GAMES**

- Dec 2014 : Asean University Games (AUG)  
Palembang Sports City, Indonesia
- July 2016 : Asean University Games (AUG)  
Nanyang Technological University, Singapore
- August 2017 : World University Games  
Taipei, Taiwan

#### **LOCAL/INTERNATIONAL-PRIVATE GAMES**

- March 2014 : One Fighting Championship (OneFC)  
National Stadium, Kuala Lumpur
- August 2014 : CIMB Malaysian Open Squash Championship  
NU Sentral Mall, Kuala Lumpur
- Mac/Oct 2015 : One Championship Mixed Martial Art, National Stadium KL
- Jan 2016 : One Championship Mixed Martial Art, National Stadium KL
- Sept 2016 : One Championship Mixed Martial Art, National Stadium KL
- Oct 2016 : Malaysian Mixed Martial Art Fighting Championship (MIMMA)  
National Stadium Kuala Lumpur
- Oct 2016 : ASEAN Women Cycling Tour 2016  
KL Cycling Association
- Jan 2017 : Motorsports Cub Championship 2017  
Ministry of Youth & Sports - Motorsports Association of Malaysia
- Feb 2017 : One Championship Mixed Martial Art, National Stadium KL

### ***EDUCATIONAL ACTIVITIES***

- March 2014 : International Basic Musculoskeletal Ultrasound & Basic MRI Course

## CURRICULUM VITAE

- August 2014 : Holiday Inn, Penang, Malaysia  
: Oxycon Mobile VO2max Workshop  
University Malaya Medical Centre
- Oct 2014 : 10<sup>th</sup> Congress of Asian Pacific Federation of Societies for Surgery  
of the Hand, Hilton Kuala Lumpur
- January 2015 : Symposium on Cardiovascular Updates  
Malaysian Society of Pharmacology and Physiology
- April 2015 : Spine Instructional Course  
Spine Unit, Department of Orthopaedic University of Malaya
- April 2015 : National Sports Institute Sports Medicine & Sports Science Conference  
Marina Putrajaya Conference Centre
- November 2015 : 1<sup>st</sup> ASEAN Sports Medicine Conference  
4Points By Sheraton Hotel, Puchong, Selangor
- November 2015 : Musculoskeletal Ultrasound Workshop  
4Points By Sheraton Hotel, Puchong, Selangor
- December 2015 : Nerve Conduction Study & EMG Workshop  
Basic Principles of Electrodiagnostic & Advanced EMG  
Malaysian Society of Neurosciences
- March 2016 : FIFA Football Emergency Medicine Course (Singapore)  
Yishun Community Hospital, Singapore
- April 2016 : Motorsports Medical Coverage Certified Doctor  
Sepang International Circuit, Malaysia
- October 2016 : Doping Control Officer (DCO) Certification  
Agency Antidoping Malaysia (ADAMAS), Bukit Jalil
- November 2016 : Workshop for Revolutionary Breakthrough of PDO Thread  
MAHSA University, Petaling Jaya
- December 2016 : National Sports Medicine Symposium  
Ministry of Health, Seremban Negeri Sembilan
- January 2017 : East Asia Interventional Pain Conference 2017  
Interventional Ultrasound Workshop
- April 2017 : Seminar On Preventive Medicine for a Better Quality of Life  
Gadjah Mada University, Yogyakarta, Indonesia  
Invited Speaker

### **ADMINISTRATIVE ACTIVITIES**

- January 2014 : Auditor/Surveyor  
Internal Audit/Mock Survey Standard MSQH 4<sup>th</sup> Edition  
University Malaya Medical Centre
- November 2014 : Root Cause Analysis Workshop  
University Malaya Medical Centre
- June 2015 : Surveyor  
Mock Survey Standard MSQH 4<sup>th</sup> Edition  
University Malaya Medical Centre
- January 2016 : Internal Auditor ISO 9001:2008  
University Malaya Medical Centre
- January 2017 : Internal Auditor ISO 9001:2015  
University Malaya Medical Centre
- February 2017 : Quantum Leadership Programme for Healthcare Professionals  
Corus Hotel, Port Dickson

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### **PUBLICATIONS & WRITING ACTIVITIES**

- Peroneus Longus Activity in Different Types of Taping : Athletes with Ankle Instability, 2016, Rev Bras Med Esporte – Vol 22, No 3 – Mai/Jun 2016, Brazilian Journal of Sports Medicine
- Preparticipation Medical Evaluation of Malaysian Athletes for the 18<sup>th</sup> ASEAN University Games 2016- Reiterating the Importance of Cardiovascular Screening, 3<sup>rd</sup> International Conference on Movement, Health and Exercise, 2016, Ministry of Higher Education Malaysia
- part-time journalist *i-SIHAT* magazine section *Doktor Menulis*
- part-time journalist *Maskulin* magazine section *Tips Cergas*
- part-time journalist National Diabetes Institute (NADI) magazine

### **SOCIAL ACTIVITIES**

- ordinary member Malaysian Medical Association (MMA)
- Exco Member Malaysian Association of Sports Medicine (MASM)
- ordinary member Society of Sports & Exercise Medicine, Malaysia (SSEMM)
- President Appointed Committee for Kuala Lumpur Cycling Association (KLCA/PBKL)
- committee for Exercise Support Group, University Malaya Medical Centre
  - exercise programmes for cancer survivors

### **REFERENCES**

- Dean Faculty of Medicine, University of Malaya, Kuala Lumpur
- Head of Department, Department of Sports Medicine, University Malaya Medical Centre
- Director *Pusat Pemulihan Akhlak Machang*, Kelantan, Malaysian Prison Department
- Director University of Science Malaysia Hospital, Kubang Kerian, Kelantan
- Secretary Malaysian Medical Council
- Dean Faculty of Medicine, Gadjah Mada University, Yogyakarta, Indonesia