
BENEDICT FRANCIS DIZON VALDECANAS, MD

+639189220402

orthopaedicsports@gmail.com

Suite 479 Medical Arts Building, Cardinal Santos Medical Center, Wilson St., Greenhills, San Juan 1500 Philippines

ORTHOPAEDICS
ARTHROSCOPY
SPORTS MEDICINE
SPINE SURGERY

**Sports & Regenerative
Medicine**



Personal

Born on April 2, 1967 to parents Antonio Quintos Valdecanas and Consuelo Carreon Dizon; father to Francesco Antonio (23), Francesco Adel (22), Francesca Anna (18), and Francesco Andre (17).

Academic

Sports Medicine and Arthroscopy — Baptist Medical Center, San Antonio, Texas, USA

Fellowship in sports medicine, arthroscopic surgery, and arthroplasty of the knee and shoulder.

Shoulder Arthroscopy and Reconstruction — Hospital for Special Surgery, New York, New York, USA

Hands-on training in arthroscopic reconstruction of the shoulder

Revision Joint Arthroplasty of the Hip & Knee — Lilavati Hospital, Mumbai, India

Short course with hands-on training on revision arthroplasty, skills development and decision making

Clinical Epidemiology (MSc) — Ben Taub Research Center, Baylor College of Medicine, Houston, Texas, USA

Master of Science in Epidemiology

Orthopaedics & Sports Medicine — St. Luke's Medical Center, Quezon City, Philippines

Residency in Orthopaedic Surgery and Sports Medicine

Doctor of Medicine (MD) — University of the East Ramon Magsaysay Medical Center, Quezon City, Philippines

Medical degree

Molecular & Cell Biology (MSc) — University of the Philippines, Quezon City, Philippines

Master of Science in molecular and cell biology

BS Biology — University of the Philippines, Quezon City, Philippines

Bachelor of Science, major in Biology, minor in Marine Biology

Professional

Associate Professor — European Council for Aging Research and Education (ECARE)

President — Philippine Orthopaedic Society for Sports Medicine (POSSM)

Chairman — Department of Orthopaedics, Cardinal Santos Medical Center (CSMC)

Former Medical Director — LifeScience Center for Wellness & Preventive Medicine

International Fellow — American Academy of Orthopaedic Surgeons (AAOS)

Board Member — Asean Society for Sports medicine and Arthroscopy (ASSA)

Board Member — Asia-Pacific Knee, Arthroscopy, and Sports medicine Society (APKASS)

Member — International Society for Arthroscopy, Knee and Orthopaedic Surgery (ISAKOS)

Fellow — Philippine Orthopaedic Association (POA)

Diplomate — Philippine Board of Orthopaedics (PBO)

Medical Specialist 1 - Rizal Medical Center (RMC), Pasig City, Philippines

Industrial (Disclosures)

CME Consultant - A. Menarini Philippines

- Mundipharma

- Alkem Laboratories

Medical Consultant -Le Accor hotels & resorts

Advisory Board - A. Menarini Asia Pacific

- Rotta Pharm International

- Eli-Lilly Philippines

- Sanofi Surgical

- Mundipharma

- One J&J

References

Dr. Antonio A. Rivera - founding president, POSSM

Dr. Zenaida J. Uy - Chief Medical Officer, CSMC

Mr. Goran Aleks - Regional Manager, Le Accor Group of Hotels

BRIEF INTRODUCTION

For use in lectures and talks.

- He is currently the President of the Philippine Orthopaedic Society for Sports Medicine (POSSM)
- the Vice-President and Board Member of the Asean Society for Sports medicine & Arthroscopy (ASSA)
- He is the Chairman of the Department of Orthopaedics in Cardinal Santos Medical Center and a faculty of the Philippine Center for Advanced Surgery (PCAS)
- Likewise, he holds the position of Associate Professor with the European Council for Aging Research and Education (ECARE)
- In addition, he is a diplomate of the Philippine Board of Orthopaedics (PBO), a Fellow of both Philippine Orthopaedic Association (POA) and the Philippine College of Surgeons (PCS).

- He had his residency at the St. Luke's Medical Center Institute of Orthopaedics & Sports Medicine...
- and Fellowship in Sports Medicine and Arthroscopy at the Baptist Medical Center in San Antonio, Texas, USA.
- He holds Masteral degrees in Molecular and Cell Biology from the University of the Philippines and Epidemiology from the Ben Taub Research Center, Baylor College of Medicine in Houston, Texas.

- And lastly, decided to focus on private practice and on regenerative medicine research for both hospital and clinical setting.

Here to speak on... *[lecture title]*
