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**Thariq Khan bin Azizuddin Khan (PhD)** is currently a senior lecturer at the Sultan Idris Education University (UPSI), Malaysia. He completed his PhD at Victoria University, Melbourne Australia (2013), MPhil in Sport Psychology, and BSc in Sport Science at the University of Malaya (2007, 2003 respectively). His research interest is in psychological skills (portable devices to deliver imagery and modeling in sport to enhance performance). He has previously worked at the Malaysia Ministry of Education (1997-1999) and Sport Centre University Malaya (2005-2007). At UPSI, he teaches many subjects such as sport psychology & rehabilitation, psychology of human development and sport psychology in coaching. Currently, Dr. Thariq is the Editor for Journal Faculty of Sport Science & Coaching -UPSI and Editor for E bulletin (UPSI). Has been a sport psychology consultant for Sepaktakraw State team (Penang 2004-210), SUKMA Netball & Lawn Bowl team (Penang 2005-2007) and National Rowing team (2004) and currently a sport psychology consultant for MASUM team (UPSI). Dr. Thariq is a committee member of the Malaysian Sport Psychology Association (MSPA, 2015).