



Ms Rosnah completed her diploma of physiotherapy in 1995 from School of Physiotherapy, Ministry of Health, Malaysia. From there her first role as a physiotherapist was with General Hospital Kuala Lumpur. In 2001 she left GHKL to start her passion towards sports injury and management in National Sports Institute of Malaysia. She obtained her Certificate in Sports Physiotherapy from University of Melbourne in 1998 and BSc (Hons) degree in Applied Rehabilitation (Physiotherapy) from University of Teesside in 2008. She loves managing sports injury from pitch side to treatment table and back again.

2004 was the start of her Olympic journey and became a part of the medical team. Since then, she involved with most of the major games like Asian Games, Commonwealth Games, SEA Games, World Championship and a lot more. There she was delivering rehabilitation and injury management for athletes at institute and abroad. As well as her role in NSI she currently works with all sports, able and disabled athletes.

She has an interest in sports and loves to travel. She has a keen passion for early and end stage rehabilitation and return to sport and in the future looks to gain qualifications in strength and conditioning including psychology.