

Importance Of Sports Institute In Sports Development - Myanmar Model

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Sport Institutes in Myanmar has a model of a Sport School in other ASEAN Countries. It has a combination of very unique functions with the provision of structural Basic Education system and while being under the management of Ministry of Sport. This concept of Sport Institute is not only focused to develop and groom the talented children with potential to excel in sports but also ensure sustainable academic and educational progress. In order to make this sports school program a success continuous research and review would be paramount so that adjustment and accommodation be made to suit the local needs within the available resources. This model is so designed that relationship between academic success and athletic achievement has a blend of schooling, sports science supervised training and research. It is important to understand that sport schools will reflect the life and the attributes of the normal school with clear focus toward sports development. However, its growth and success would be interdependent on countering many factors that may pose challenges in achieving desired milestone. Athletic and elite achievement is a primary attribute of sports and it is the core objective of this conceptual "Sport Institutes" in Myanmar. We have been learning from different models especially China Sport school and Institutes after their overwhelming success in Olympics. Sport Institute in Myanmar will also aim to provide an early specialization pathway but it fails to consider many of the physical, psychological, and social costs to early age sports participation. Sport School /Institute in Myanmar may lack insight into the importance of genetic predisposition in talented athletes at all ages of sports participation as it lacks in qualifies sport science Human Resources in scientist and qualified coaches to find and groom this talent. In reality, Myanmar Sport Institutes are facing many challenges in their developmental years. Long term planning of both teaching, training and research models may help the talent development could prove to be the most valuable asset for Sport Institute in Myanmar.