

ACL Reconstruction In Elite Athletes: How Successful Are We?

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In the United States of America alone there are over 200,000 ACL reconstructions done every year. In my private practice it can go up to 300 ACL reconstructions a year. My own technique has evolved from bone tendon bone grafts to various types of hamstring grafts. I have used different types of fixations over the past 24 years but have settled on one major technique for the past 5 years. Indications for intraoperative procedures have also been refined for meniscal injuries and co morbid ligamentous injuries. Is this helping athletes? In the short term it probably is.