



DR. MYA LAY SEIN

MBBS (Yangon), Post Graduate Training Sport Medicine (Singapore)

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Graduate with Bachelor of Medicine and Bachelor of Science (MBBS) from University of Medicine (1), Myanmar, Dr Mya continued to pursue her Postgraduate Training of Sport Medicine at the Singapore Sport Council supervised by Dr Teh Kong Chuan, Master of Sport Medicine supervised by Associate Professor Dr David Garlick and PhD under supervised by Professor George AC Murrell, at the University of New South Wales, Sydney, Australia. She served in the Government General Hospital as a Civil Surgeon, Ministry of Sport (Sport Medicine Department) as a Director. She also actively involved in scientific researches in Sport Medicine Fields. She is well on field experiences in National, International Sport events and team physician of the many SEA GAMES and ASIAN GAMES. She also had experiences in Olympic, International on court doctors in Badminton, Football and Weightlifting. In 2013 27th SEA GAMES she served as a Chief Medical officer of the Games, Anti-Doping Committee Chair person and SEAGF Medical Committee Chair.

She is also a Country Director of the Olympic Solidarity Program. Her role as a Sport Medicine educator is apparently through Sport Medicine and Sport Science Lecturer and examiner at, the Institute of Sport and Physical Education (Yangon, Mandalay, Mawlamyaing, Taunggyi), Institute of Medicine (1), (2), Mandalay, Defense Medical Academy (Orthopedic, Physiatrist, Physiotherapist and Nurses), University of Yangon (Psychology Department) (Sport Psychology), University of Dagon, Yangon and University of Yadanarbon, Mandalay (BSc Sport program), AFC license Coaching Courses, Referees and Players. Her research papers publications are at the International journals and presenting many papers in National and International Sport talks, workshop, seminars and conferences.

Dr Mya Lay Sein is currently serves as the consultant at the Ministry of Health and Sports and President of the Myanmar Sport Medicine Committee since 2013.