

Dr Ahmad Munir Che Muhamed is an Associate Professor in the Lifestyle Science Cluster at The Advanced Medical and Dental Institute, Universiti Sains Malaysia. Dr Ahmad Munir has published extensively since completing his PhD in 2005 from The University of Sydney, Australia with over thirty five peer-reviewed journal articles, over fifty conference presentations and abstracts, two text books and three book chapters. Prior to his doctoral studies, he had graduated with a BSc and MSc in Exercise Science from Indiana State University, USA. His research career has focused on understanding the influence of environmental heat stress, particularly, humidity on exercise performance. In addition to thermal physiology, Dr Ahmad Munir has various ongoing research interests in the areas of fasting and exercise performance, eccentric exercise and physical activity in the aging population. Several of his projects involves international research collaboration with researchers from Massey University, New Zealand, Kobe University, Japan and Edith Cowan University, Australia.

Associate Professor Dr Ahmad Munir has held several key academic position and is currently serving as Deputy Director for Research and Networking and the Head of Clinical Exercise Science postgraduate program at the Advanced Medical and Dental Institute, Universiti Sains Malaysia. Dr Ahmad Munir has been active in various consultancy work relating to Exercise and Sport Science in Malaysia. He was previously the Chairman of National Coaching Board, Malaysia from 2009-2011.