

Michael A. Kenihan Biography

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Michael Kenihan is a A.P.A Sports Physiotherapist and Fellow of Australian Sports Medicine Federation.

Michael is the current General Manager of Melbourne Stem Cell Centre a clinical and research facility based in Melbourne Australia. He recently completed a long-term role at LifeCare Health, a multidisciplinary sports medicine group of practices in Melbourne where he worked as a clinician, manager and Board member.

Michael is the immediate past President of Sports Medicine Australia and current President of “ASMF Order of Fellows”. He is the FIMS elected executive member for Oceania. Michael is a Fellow of FIMS.

Michael has worked extensively in training, mentoring and supporting those with an interest in sports and sports injury both at community and professional level. He was the Poly clinic manager at the 2006 Commonwealth Games in Melbourne.

His current interests are in the development of stem cell technology and treatment and he is a Director of Magellan Stem Cells P/L. He is also a Director of K.A.L.S.I P/L which is a company providing on line education for health care practitioners.

More recently Michael has developed an injury recovery and health condition tracking app “R-U-Ontrak” that is available free on the app store to assist people to better manage injury or a health condition.

Michael is mentoring young clinicians in Sports Medicine to assist them in career development and excellence in private practice.

A former Australian State Junior High jump champion, Michael has four children and keeps fit by riding his bike, reading widely and playing tennis.

Abstract

“Medical Emergency in Sports : First Responder”

S.M.A is the peak body for Sports medicine in Australia and represents the interests of both practitioners and athletes from elite to community in injury prevention, management advice and safety. Many of the sports played in Australia and beyond have high incidence of sport trauma and musculoskeletal injuries. Australia is very keen on all Sports and some are very high contact. Football and Rugby particularly are high contact and high speed games where physical clashes of players are common place.

Many other sports also pose a risk to participants in sports, such as rugby, hockey, football and horse riding.

Acute and ongoing management of such injuries is of great importance. Appropriate immediate treatment, diagnosis and management is a key to preventing injuries and to keeping players participating. In this talk I will focus on medical emergencies but the management of soft tissue injuries is also of great importance and sometime s such injuries will occur at the same time as a medical emergency.

This presentation will cover the role of the 1st Responder, planning for emergencies, including 1st Aid equipment, access and other services.

I will touch on approach to the athlete, assessment of the condition/injury and transport of a medical emergency.

A brief Mention will be made of other sports injuries not are generally not considered medical emergencies.

Sports Medicine Australia conducted their 2017 annual conference in Langkawi, Malaysia.