



MALAYSIAN ASSOCIATION OF SPORTS MEDICINE (MASM)

2nd ASEAN SPORTS MEDICINE CONFERENCE 2018

24 - 25 MARCH 2018 | HOTEL ISTANA, KUALA LUMPUR

March 24th, 2018

March 25th, 2018

14:00 – 17:00

Rehab: PASS Lower limbs

Address Pain. Alignment. Strength. Stability

Rehab: PASS Upper limbs

Address Pain. Alignment. Strength. Stability

Lower Limb

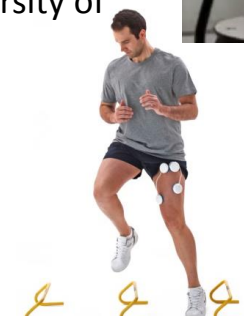
Hands on functional exercises and protocol for knee post-op rehab (base on new FIFA Center of Excellence study, University of Rome)



Training with feedback & functional assessment

Upper Limb

Hands on functional exercises and protocols to treat – Shoulder Functional Instability ; Rotator Cuff injuries & post-op rehab ; Frozen Shoulder



Participants are encouraged to wear sports wear