



MALAYSIAN ASSOCIATION OF SPORTS MEDICINE (MASM)

SPORTS MEDICINE WORKSHOP SERIES 1: ANKLE

Date : 27th January 2019 (Sunday)

Time : 8.30 am – 5.30 pm

Venue : Best Western Hotel, Petaling Jaya
Waze Navigation: <https://waze.com/ul/hw2838y7qy>

Fees : RM150 (MASM Member), RM300 (Non-member)

Target Audience: Doctors (GPs, MO, family physician & etc.)



PROGRAM

8.30 am – 9.00 am	Registration
9.00 am – 9.10 am	Welcome & Introduction
9.10 am – 9.40 am	Applied Ankle Anatomy - Dr. Zaidi
9.40 am – 10.10 am	Common Ankle Injuries - Dr. Malini
10.10 am – 10.40 am	Tea/ Coffee Break
10.40 am – 11.10 am	General Rehabilitation of Ankle - Ms. Catherine
11.10 am – 11.40 am	Operative Management of Ankle - Dr. Rukmanikanthan
11.40 am – 12.10 pm	Return to Work & Play after Ankle Injuries - Prof. Halim
12.10 pm – 1.30 pm	Lunch Symposium
1.30 pm – 2.10 pm	Workshop 1: Clinical Examination of Ankle
2.10 pm – 2.50 pm	Workshop 2: Diagnostic Ultrasound Screening of Ankle
2.50 pm – 3.30 pm	Workshop 3: General Rehabilitation for Ankle Injuries
3.30 pm – 4.10 pm	Workshop 4: Injection Therapy of Ankle
4.10 pm – 4.40 am	Tea/ Coffee Break
4.40 pm – 5.00 pm	Ankle Injuries: Things Not to be Missed - Prof. Halim
5.00 pm – 5.10 pm	Conclusion & Closing

**APPROVED MMA CPD
6 POINTS - CPDE 7741**

Faculty

Dr. Rukmanikanthan Shanmugam
Consultant Orthopaedic, Foot and Ankle Surgeon, Prince Court Medical Centre

Assoc. Prof. Dr. Abdul Halim Mokhtar
Consultant Sports Physician & Senior Lecturer, University Malaya Medical Centre

Ms Catherine Choong Qian Yi
Senior Sports Physiotherapist, Pau Physiotherapy Sdn Bhd

Assoc. Prof. Dr. Mohd Shariff Abd Hamid
Consultant Sports Physician & Senior Lecturer, University Malaya Medical Centre

Ms Seow Lee Lee
Senior Physiotherapist, PHYSIO+, Singapore

Dr. Arshad Puji
Consultant Sports Physician, Institut Sukan Negara

Dr. Mohd Zaidi Hj Saleh
Consultant Sports Physician, Serdang Hospital

Dr. Alston Choong Wai Kwong
Sports Physician and Clinical Lecturer, University Malaya Medical Centre

Dr. Malini Kerpaiah @ Karupiah
Sports Physician, Serdang Hospital

Dr. Nik Haziman Wan Hamat
Sports Physician, Sungai Buloh Hospita

Registration is on first-come, first-served basis. Any enquiries, kindly contact

Dr. Malini 019-3161179 or Dr. Alston 012-3755661

Please register online:
<http://bit.ly/ankle2019>



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