

The Shoulder Webinar

The shoulder can be either too tight, too loose or impinging

In this series of shoulder webinar, a panel of international and multidisciplinary speakers from the USA, UK, and Malaysia will share their experience to help clinicians develop clinically relevant diagnosis, and patient-centered treatment and rehabilitation protocol.

Series 1 - TOO TIGHT

Frozen shoulder is a poorly understood condition that typically involves substantial pain, stiffness, and considerable morbidity regardless of underlying causes. Diagnosis is challenging, as it is generally based on symptoms and physical exam.

Pain management is the key, so that patient will be compliant to exercise prescription and maintain the range of movement.

This webinar will update on the latest evidence with practical demonstration on the combination of various physical modalities with exercise to improve pain, ROM, function and quality of life.

Date:

22 May, 2021, Sat

Time:

3:00 – 5:00pm (KL Time)



Scan QR Code
to Register

MMA-CPD
Points will be
awarded



Dr. Alston Choong | MD (UKM), MSpMed (UM), PGDip Sp Med (IOC), AM (Mal)

Dr. Alston Choong Wai Kwong is currently the Medical Lecture in the Sports Medicine Unit, Faculty of Medicine at the University of Malaya, and a Sports and Exercise Medicine Physician in the University Malaya Medical Centre, Kuala Lumpur, Malaysia.

Topic: Shoulder Stiffness: Current Concept & Conundrum



Cliff Eaton | MSc, BSc (Hons), MCSP

Cliff Eaton has spent his career working in professional sport at an elite level. He has published in internationally recognised Journals on Sport Specific Rehabilitation. Cliff believes in three core skills advocated by the Chartered Society of Physiotherapists: Manual Therapy, Exercise Therapy and Electrotherapy, combined to provide the best care management for patient.

Topic: Holistic Rehabilitation Approach for Adhesive Capsulitis



Kevin E. Wilk | DPT, PT, FAPTA

Kevin is currently Associate Clinical Director for Champion Sports Medicine in Birmingham, AL. In addition, he is the Director of Rehabilitative Research at the American Sports Medicine Institute in Birmingham and is Adjunct Assistant Professor in the Physical Therapy Program at Marquette University in Milwaukee, WI. Kevin is also the Rehabilitation Consultant for the Tampa Bay Rays' Baseball Team.

Topic: Shoulder Pain Management and ROM Restoration with Advanced Photo-Biomodulation