



**MALAYSIAN ASSOCIATION OF SPORTS MEDICINE
(MASM)**



PROUDLY PRESENT

MASM WEBINAR SERIES 3.0

“MUSCLE HYPERTROPHY - THE CURRENT UPDATES”



19TH DECEMBER 2024
THURSDAY
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SPEAKER

DR ARVIN RAJ

Sports Medicine Physician
Dr Triton Sports Medicine Clinic
Certified Strength and Conditioning Specialist (NSCA)
ACE and NASM Educator



MODERATOR

DR AU YONG PUI SAN

Sports Medicine Physician
Sports Medicine Unit
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