ASSOCIATE PROFESSOR DR ABDUL HALIM MOKHTAR

M.D. (UKM), Master Of Sports Medicine (Distinction) (Malaya)

Dr Halim is a consultant sports physician practicing in University Malaya Medical Centre and UM Specialist Centre. He is also an Associate Professor in Sports Medicine in the Faculty of Medicine, University of Malaya. He teaches Sports Medicine to the Clinical Master postgraduates, sports science undergraduates and the medical assistants and nurses. He supervises a number of postgraduates i.e. PhD and Master students in sports medicine and sports science.



His clinical work is diversified but with major preference on sports injury and field coverage. He also has an interest in osteoarthritis.

He is a visiting consultant in Sports Medicine in the National Sports Institute of Malaysia and a member of the Medical Committee of Football Association of Malaysia (FAM).

He sits in the Panel of Medical and Doping Officers of Asian Football Confederation (AFC), and also a member of the Badminton World Federation (BWF) Medical Commission.

In research, he has worked in several areas in Sports Medicine and collaborate with other fields i.e. sports sciences, psychology, nutrition and biomedical engineering. He has published (co authored) in more than 20 articles in sports medicine and science related journal which is easily referred via Google Scholar or Researchgate. His published works include sports injury prevention, exercise physiology, sports biomechanics and sports psychology. His current research work is with childhood obesity.

In short, Dr Halim is a practitioner, teacher and researcher in Sports Medicine and Sports Science field.